



# Mabel T. Caverly Senior Center & Services

*"A Friendly Place Providing Stepping Stones over Deep Water"*

**Volume 20, Issue 10**

**OUR MONTHLY NEWSLETTER**

**October 2016**

We are grateful for the generosity and support of the following community businesses and organizations

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OFFICE HOURS: 9AM-4PM, M-F

Telephone Numbers:

P: 907-276-1496;

Fx: 907-258-1356

Van Scheduling: 907-276-1517



Executive Director Denise's Diary

WE APOLOGIZE THERE IS **NO NEWSLETTER IN OCTOBER.** OUR SERVER CRASHED ON 9/2, AND WAS NOT UP IN TIME TO HAVE THESE 8 PAGES TO PREPARE A NEWSLETTER.

WE WILL BE **CONVERTING BY NEXT YEAR TO EMAIL AND WEBSITE NEWSLETTERS ONLY.** IF YOU WANT TO RECEIVE AN EMAILED NEWSLETTER, PLEASE EMAIL: [newsletter@mabeltcaverly.org](mailto:newsletter@mabeltcaverly.org).

**11<sup>TH</sup> ANNUAL PPP FUNDRAISER** was held on 9/22 at the First Congregational Church, lower activity level. Those in attendance had a fantastic time with Camille Conte, our very special auctioneer.

We wish to thank all of our volunteers, Kevin & Angela Turkington for the delicious lasagna, Ms. Pillow for decorating all the Gift Baskets, and the following contributors:\*

**Alaska Railroad, Treeform Amish Furniture, Anchorage Floral, Blaine's Art Supply, Darae's Salon, ShuzyQShoes, Oil & Vinegar, Bell's Nursery, Skinny Raven, Alaska Serigraphics, Alaska Fur Exchange, AK Starfish, Alaska Bead, Alaska Wildberry, Alaska Aviation Museum, Anchorage Remade, Arctic Office Products, Cabin Fever, Celtic Treasures, Classic Woman, Dooley's Tuxedos, Teavana, Dubbauu, Far North Yarn, GCI, Great Harvest Bread, Gypsum Rose of the North, Kaladi Bros, Lula Roe Designs, Mad Labs Collars, Mammoth Yarn, Mermaid Imports & Design, Midnight Sun Brewing, Mr. Prime Beef, Natural Pantry, Octopus Ink, Ozarks Americana, Seams Like Home, Spenard Roadhouse, Stars of Alaska, SteamDot Coffee, Summit Spice & Tea, Quilt Cache, Spice & Tea Exchange.**

*\*Please accept our apologies if your name was not included. Contact us to be added for a thank you letter and donation slip, if applicable.*

**PLEASE LET US KNOW OF CHANGES IN YOUR ADDRESS, TELEPHONE, OR AN EMAIL PREFERENCE TO HARD COPY. IF YOU WISH TO UNSUBSCRIBE, PLEASE CONTACT US.**



# October 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
APOLOGIES: OUR	SERVER WAS DOWN	IN SEPTEMBER; THUS	NO NEWSLETTER	HAPPY BIRTHDAY all October birthdays!	CLOSED	CLOSED
NO VAN	Fred Meyer Muldoon (10%)	Errand Day Appointments	Activily Meeting SmashBurger KristyKream Donuts	NO VAN	CLOSED	CLOSED
Holiday - Columbus Day	Walmart Muldoon BOD 5:30	Errand Day Appointments	<u>12-2pm Social Halloween</u>	NO VAN	CLOSED	CLOSED
NO VAN	Target - Southside Cabela's	Errand Day Appointments	Red Apple Costco	NO VAN	CLOSED	CLOSED
NO VAN	Fred Meyer - Midtown	Errand Day Appointments	Lunch - <u>Palmer Valley Hotel</u>	NO VAN	CLOSED	CLOSED
NO VAN - Happy Halloween	Call 276-1517 and <u>Morning of your</u>	leave a message <u>requested pick-up</u>	for Tom/Bryan to <u>date</u> . Thanks	reserve space on	the VAN. Driver will	call you back the

Thank you for your patience with our server having been down last month. Mabel T. Caverly Senior Services has been helping seniors since 1977. WITH THE STATE LEGISLATURE CUTTING SERVICES FOR SENIORS THIS YEAR, THERE ARE EVEN MORE SENIORS FALLING THROUGH THE CRACKS WHEN AN EMERGENCY OCCURS.

***THIS WEEK IN ANCHORAGE A SENIOR WAS GOING TO THE BANK TO DEPOSIT HER SOCIAL SECURITY CHECKS AND GOT MUGGED AND ROBBED OF HER PURSE AND KEYS TO HER HOUSE. SHE HAS BEEN AFRAID TO LEAVE HER HOUSE UNTIL SHE CAN GET THE LOCKS CHANGED.***

**Thank you to all the organizations on this page for participating in the Anchorage Senior Friendly Project. Their dedication to serving the seniors of Anchorage goes above and beyond! Ask us about becoming a Senior Friendly Certified Business.**

**Benefits to your Business:**

- Increase Your Bottom Line
- Free Advertising
- Increase Market Share & Visibility



**Our Goal: Businesses,  
Seniors and Community  
Working Together to  
Build a Common Unity**

**Contact Mabel T. Caverly Senior Center for more details**



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Retired Alaskans annually bring to the state an estimated \$2.4 billion in consumer spending. The **Senior Friendly Project** certification program is designed to help businesses attract a valuable elderly consumer base. If you plan to tap into this profitable market take the time to ensure that every aspect of your business is **Senior Friendly**.

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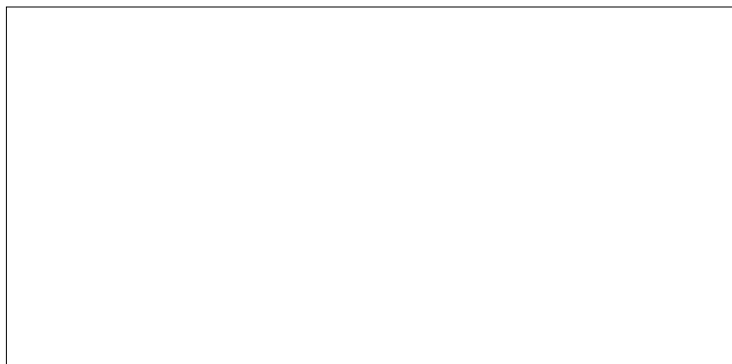
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**ATTN: MAT-SU VALLEY SENIORS!!! TAKE ADVANTAGE OF DENTAL CARE NOW.**

DEAP DENTAL is available in the Borough to low-income seniors 55+. For an application, call your local Senior Center, go to our website at [www.mabeltcaverly.org](http://www.mabeltcaverly.org) or call MTCSC @ (907) 276-1496.



**MTC is Seeking Volunteers!**

MTC is looking for volunteers interested in working in the office part-time, or full-time. Extra hands and smiling faces are welcome. If you need a ride, our Van may be able to help! Give us a call at **276-1496** and become a volunteer. Help the senior community.

**HOURS: Monday-Friday, 9:30am-4:00pm. We will accommodate your schedule.**

**2016 Newsletter Advertising Rates**

*Your purchase of advertising space in our monthly newsletter helps to offset our printing and mailing distribution costs. These days, with grants being withheld, and giving at an unprecedented low, your help is even more important and needed. And there's a win/win factor in advertising in our newsletter. Our current readership is close to 3,000, and grows monthly. A small expense on your part exposes you to seniors (55+), social charities, and local businesses that recognize the value of the ever-growing senior market. You may change your ad monthly at no additional cost. You may supply your own copy and graphics or we'll do the design free of charge.*

<p><b>Regular BC 1/10 Page</b>  <b>\$6 month/\$60 yr</b></p>
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Web: [www.mabeltcaverly.org](http://www.mabeltcaverly.org)  
Phone: 907-276-1496



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**JOKE** Why did the computer get cold?  
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